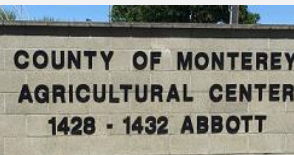




**What is New?**

**→ COVID-19 Testing**

The Salinas COVID-19 testing site is moving on Tuesday, May 26<sup>th</sup> to the Monterey County Agricultural Commissioner’s Office at 1428 Abbott Street. Days and hours of operation remain the same: Tuesday through Saturday from 8:00 a.m. to 8:00 p.m. More information is at [www.mtyhd.org.covid19](http://www.mtyhd.org.covid19).



**→ Website**

Check out our updated Monterey County homepage! A new look with new features. You’ll find links to COVID-19 information you may be looking for. [www.co.monterey.ca.us](http://www.co.monterey.ca.us)



**→ A Time to Honor**



While you are enjoying your Memorial Day weekend, remember to stop for a moment and think about those who gave their lives for us.

**The Good News**

**Attestation...at Deliberate Speed**

You have heard that Monterey County is preparing its much-anticipated application to move further into Phase 2 recovery and reopening.

What you want to know is - when?

The application for a variance to the state’s Stay at Home Order requires attestation, a rarely used word that is now at the forefront of conversation. It means evidence or proof of something. Monterey County’s Health Officer has to prove our county can meet state criteria. Not only meet it, but maintain it.

Part of the proof includes a back-up plan in case the county reopens and things go wrong, such as outbreak of cases or deaths, which could send us back to where we are right now. That is what we don’t want, so deciding the best way to phase in activities is critical. Think the phrase “Slow is fast,” born from the Latin *festina lente* or ‘hurry slowly.’ It means trying to do things too quickly can result in time wasted correcting mistakes. The fastest way of accomplishing something is to work carefully and methodically.

Health Department staff is working at what one county leader describes as “deliberate speed.” The goal is to bring the attestation before the public at a special Board of Supervisors’ meeting on Tuesday May 26<sup>th</sup>. You can watch the report unfold for yourself, online at [www.mgtvonline.com](http://www.mgtvonline.com) or on Comcast Cable channel 28 or on [Monterey County’s Facebook page](#).

We are tired of Shelter in Place but the virus is not tired.

Re-opening and staying open is the recovery we need for our own health and the health of our community and economy.



Will wearing a face covering help? Masking for a friend...

We all know someone who is at risk for serious complications of COVID-19. Wearing cloth face coverings in public settings can help prevent the spread of this disease to those at risk.



Masks are now part of our daily routine. If you haven't tried making your own yet, try one this weekend.

Monterey County Librarian Dawn Vest walks us through [making simple, washable, no-sew masks in this video.](#)

Going Outdoors for the Holiday Weekend?

**Take a Hike**

San Lorenzo  
Toro  
Jacks Peak  
Royal Oaks  
Manzanita  
Fort Ord Open Space

Most Monterey County Parks are open for trail use only. Please plan your hike - restrooms are closed.

**Know Before You Go!**  
Social Distancing Keeps Your Parks Open

**Let's Go Outdoors!**

**Recreate Responsibly**  
Be ready for a tranquil day on the trails!

**Wear A Mask**  
A mask will help germs from being spread.

**Bring Snacks**  
Picnic tables are temporarily closed, but you can bring power bars or fruit for your hike.

**Take Hand Sanitizer**  
Hygiene is very important, and soap and water may not be available.

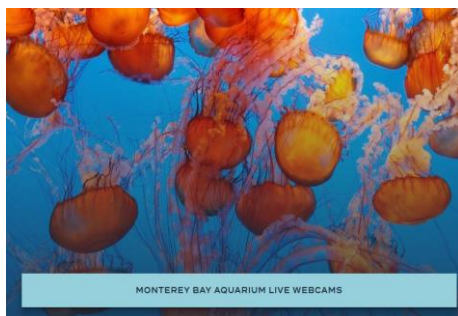
**Avoid Crowded Trailheads**  
Choose trails that are less visited.

**Leave No Trace**  
Facilities will not be serviced during this time.

**Stay On Local Trails**  
It's best to stay in your immediate area.

Staying In?

Take a virtual trip with some [popular webcams!](#)



Been missing a good workout? Check out the [archived workouts from the Monterey Sports Center.](#)



Connect with Monterey County!

VISIT our website @ [www.co.monterey.ca.us](http://www.co.monterey.ca.us)



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